## **YEARBOOK PARTY HAIR &** turney ad w MAKEUP LOOKS MADE SIMPLE HAIR EVER! **COLOURS, STYLES** & STYLIST TIPS HAIR IDEAS FOR SHORT, MEDIUM AND LONG HAIR YOUR MUST-HAVE \*\$15.50 \*NZ\$16.50 |\*inc GST] ALL THE NEWEST SEASON COLOURS AND STYLES TO SUIT YOU!





Rebecca George, also commonly known as Miss Green, is the face and founder of Miss Green's Wardrobe and co-author of Ethical Beauty for the Australian Green Goddess. Through events, blogging and various online platforms such as Twitter and Facebook, Miss Green aims to raise

awareness about more "friendly" options fashion lovers can adopt in order to contribute towards a more sustainable future, with style!

expert advice

In our daily life we are exposed to countless toxins and harsh chemicals. Through our everyday beauty products these toxins and chemicals can penetrate our skin and be absorbed into our bodies. By purchasing beauty products with all natural, organic or biodynamic ingredients we are not only reducing our exposure to such toxins but are also doing our bit to limit the amount of harmful pesticides and chemicals from being produced and released into our environment.

By incorporating friendlier practices into our beauty regimes and day-to-day life we are supporting and respecting our environment, our community and most importantly, ourselves.

## How to go "Green" with your beauty regime...

- The easiest and cheapest conventional beauty products to substitute include: body wash, hand wash and lip balm.
  These products can be found at supermarkets, department stores, chemists and health food stores.
- Opt for products that are certified organic, biodynamic, 100% natural or contain less nasties like SLS, parabens, petrochemicals, artificial colours and fragrances.
- Buy makeup brushes that are made with bamboo, recycled materials and cruelty free synthetic fibres.
- Get on the mineral makeup bandwagon.
- Have some fun in the kitchen making DIY beauty treatments out of products from your pantry.
- Read the labels. If you cannot pronounce an ingredient, it is probably not good for you.
- · Buy Australian made and owned.

## Love, Miss Green X

www.missgreenswardrobe.com.au www.missgreenswardrobe.blogspot.com